



Miyazaki Prefectural Nursing University

Faculty of Nursing Graduate School Midwifery Course



English
Campus
Guide



Miyazaki Prefectural
Nursing University President

Kayoko Hirano



I assumed office in April, 2018, as the third president in Miyazaki Prefectural Nursing University's 21-year history. My goal is to work with the faculty and staff, the local community, and the greater area as a whole in order to guide the university in response to a rapidly changing society, in which information technology is transforming nursing alongside of Japan's aging population. From my background of public health nursing, I would like to further develop a systematized nursing science based on the analysis and integration of independent nursing practice, while respecting the principles which have served the university to date.

From my own nursing education, I have never forgotten that "nursing is both science and art" and that "nursing is the providing of hope and comfort for every individual". While nursing involves caring for hospitalized patients, in this time of living to 100 years of age, nursing must not only provide care in medical institutions, but must also provide "community building care" which integrates health care, medical care, and welfare. It is important for all kinds of nursing care to have a scientific foundation, but we must also make clear what nursing as art means through the systematization of nursing that both heals and gives hope. It is my desire to work collaboratively in order to deliver nursing care such as this through our university.



University Logo

The circle symbolizes an irreplaceable life enveloped by kind, loving care. The two waves represent medical care and nursing, as well as love and caring. As a whole, the emblem is the M of Miyazaki, and the two waves the N of nursing.

Timeline / History

- 1997 Miyazaki Prefectural Nursing University established (Faculty & Department of Nursing)
 - 2000 Graduate Program approved
 - 2001 Graduate Program established (Master's in Nursing)
 - 2004 Doctoral Program approved
 - 2005 Doctoral Program established (Doctor of Philosophy in Nursing)
 - 2016 Special Course in Midwifery approved
 - 2017 Transition to Public University Corporation status
Special Course in Midwifery established
-

Faculty of Nursing

Educational Philosophy and Purpose

Based upon the dignity of life, we strive, through the acquisition of specialized expertise, to educate individuals able to fulfill the role of nurse and contribute to the improvement of human health and welfare in a variety of settings, as well as the development of nursing and its related fields.

■Educational Objectives■

- 1 To develop a strong sense of sympathy and ethics. To foster the sensitivity to share others' joy and sadness, pain and hardship, and the ability to warmly offer assistance.
- 2 To cultivate the ability to consider comprehensively the surrounding natural, social, and cultural relationships, and to respond both proactively and creatively to social changes and scientific developments.
- 3 To educate in the identification and resolution of individual needs through fundamental nursing skills and expertise in order that all patients, regardless of health condition, receive the best care possible.
- 4 To instill a sense of pride and responsibility in the nursing profession, a continued pursuit of the role of nursing, and the ability to coordinate with other medical and healthcare professionals.

■Admission Policy■

Based on our institution's educational philosophy and goals, we are seeking applicants satisfying the following qualifications:

- 1 Individuals who are conscious of health and lifestyle and are prepared to live independently;
- 2 Individuals who have a positive attitude toward interpersonal communication and are willing to listen to others as well as logically express their own ideas and opinions;
- 3 Individuals who are appreciative of others, have trust in themselves and others, and have a desire to grow together;
- 4 Individuals who have curiosity about the unknown, and the flexibility to accept change and adapt;
- 5 Individuals who possess sufficient fundamental academic skills and a positive attitude toward learning independently.

■Curriculum Policy■

Our curriculum, based upon the nursing theory of Florence Nightingale, pursuing learning and practice for the health of all people, is designed to foster nurses who value life, improve patients' vital power, touch others' hearts, and assist in patients' self-care and independence. It is our goal to nurture a scientific perspective while cultivating an understanding of nursing science in addition to practical skills through personal experience, as offered in the following:

- 1 General Education Courses encompassing the natural, social, and cultural environment for the purpose of cultivating a better comprehensive understanding of the world, a broad enrichment of individual humanity, and the judgment to respond when necessary;
- 2 Basic Professional Educational Courses to consider in detail the human body, the mind, and social relationships, as well as gain a better understanding of internal anatomy;
- 3 Professional Educational Courses to comprehend both nursing subject as an individual with his or her own lifestyle as a family member in the community, and nursing expertise as part of the local healthcare network;
- 4 Clinical Nursing Practice and Integrated Courses for continued development based upon the curriculum by means of practical experience interacting directly with others at the conclusion of each educational stage and monitoring personal growth through self-evaluation;
- 5 Interactive classes encouraging students to self-evaluate according to shared achievement goals, supplementing interactive classes of small group work with multimedia, and a system of 'self-study, group-study, tutorial, and self-evaluation' with cross-course/area coordination in Professional Educational Courses for the purpose of encouraging students' active learning and offering individualized tutorials, as well as opportunities for study abroad and intercultural awareness and understanding.

■Diploma Policy■

In compliance with the university's educational goals, graduates pursuing the nursing profession are expected to demonstrate the following:

- 1 A strong sense of sympathy and ethics; an acute sensitivity to others' joy and sadness, pain and hardship; and the ability to warmly offer one's assistance;
- 2 A comprehensive consideration of the surrounding natural, social, and cultural world; the ability to independently and creatively deal with social changes as well as developments in science and technology;
- 3 The expertise and techniques for working with various health conditions, the ability to distinguish individual nursing needs, and the fundamental skills for evidence-based practice;
- 4 A feeling of pride and responsibility in the profession, a pursuit of the role of nursing, and the ability to coordinate with other medical and healthcare professionals.

Curriculum

Human life and the nursing / community health network

Our goal is to train nursing professionals capable of utilizing their local health network in order to aid individuals in the community to develop healthier lives for themselves.

Comprehensive and creative learning is implemented to combine and further develop nursing expertise based on learning outcomes.

- Undergraduate Thesis
- Advanced Nursing Practice
- Family Nursing
- Nursing Administration
- Nursing Research Methodology
- Nursing for Infection Control

Practical nursing abilities, personal sensitivity, and concern for others are enhanced in step-by-step clinical practice through hands-on training in institutions such as welfare facilities.

- Comprehensive Nursing Practicum
- Nursing Practicum
- Basic Nursing Practicum
- Introduction to Human Care II
- Introduction to Human Care
- Health Promotion
- Volunteer Activity

Clinical Practice & Comprehensive Courses II

Clinical Practice & Comprehensive Courses I

Professional Educational Courses

Basic Professional Educational Courses

Clinical Practice & Comprehensive Courses

General Education Courses

- Gerontological Nursing
- Adult Nursing
- Pediatric Nursing
- Maternity Nursing
- Home Care Nursing
- Public Health Nursing
- Psychiatric Nursing
- Fundamentals of Nursing

- Nursing Humanities III
- Nursing Humanities II
- Nursing Humanities I

- Culture & Nursing
- Respect for Individuals & Nursing
- Human Society & Nursing
- The Natural World & Nursing

Students learn the characteristics of nursing practice appropriate to the respective fields of fundamentals of nursing, mental health and psychiatric nursing, public health nursing in the community, and life cycle-related health issues. In the Public Health Nursing course, based on knowledge acquired in the nursing curriculum, students deepen their learning of public health nursing to establish the practical foundation necessary to become a public health nurse.

Students progress through their nursing study by learning about the makeup and illnesses of the body in Nursing Humanities I and the makeup and illnesses of the mind in Nursing Humanities II and, in Nursing Humanities III, the social makeup of health care, medical care, and welfare for the maintenance and improvement of health.

Students learn about the natural, social, and cultural environments that nurture human beings in order to develop nursing expertise with a focus on protecting life, enhancing vital power, encouraging others, and improving means of self-care. Students also gain a deeper comprehensive understanding of human beings, while enriching their own human nature, and cultivating the judgment to respond appropriately in every situation.

Public Health Nursing

Training skilled public health nurses able to respond to complex regional health needs

Public health nurses work in a specific region, developing activities to improve health and quality of life for people in all stages of life. In an ever-changing society with complicated health issues such as child abuse and suicide, natural disasters such as earthquakes and tsunamis, and infectious diseases such as influenza outbreaks, public health nurses possessing the skills to deal with such problems and promote the health of the region are necessary. In accordance with national education requirements for the training of public health nurses, our university has introduced a public health nurse selection system, which admits only the top 30 candidates to the public health nursing course of study.



Year four specialist schedule

Public Health Nurse course

March	April	May	June	July	August	September
Completion of 3rd year & candidate selection	Public Health Nursing I & II, Public Health Nursing Care					
			Comprehensive Nursing Practicum (Regional field)		Continuing fieldwork practice	
October	November	December	January	February	March	
Public Health Nursing III				Nursing, Midwife, and Public Health Nursing National Certification Exams	Graduation	
Nursing Practicum (Community Management)						
Continuing fieldwork practice						





Training Midwives for the mothers and children of Miyazaki Prefecture



Midwifery Course schedule

Supporting the professional development of working nurses

Nursing Research and Training Center Head, **Minako Ono**

The Nursing Research and Training Center has established a course of education for nurses to be qualified by the Japan Nursing Association in order to provide opportunities for professional development in nursing to better serve the needs of the local community. In 2014, an infection control nursing course was also established.

In a survey conducted among medical institutions in Miyazaki Prefecture in 2015, a serious regional need was discovered for certified nursing administrators skilled in organization management and human resource development. As a result, we are opening a certification course in nursing management education.

This course aims to provide highly-structured nursing services to individuals, family members, and local residents with diverse health care needs, contributing to maintaining and improving the quality of nursing administrators and level of nursing care. By doing so, we aim to contribute to the improvement of health welfare and medical care. We are targeting nursing department managers at respective facilities and nursing staff involved in nursing care management. We will offer learning opportunities to train leaders capable of anticipating the health needs of local communities and managing creative nursing care.



Yearly Schedule

4

April

- Entrance ceremony, Incoming student orientation
- Continuing students orientation
- Start of spring semester
- Course registration



5

May

- "Gingko" school festival



6

June

- University foundation day
- Clinical nursing practice III (4th year)
- Start of midwifery clinical practice (through December)(4th year)

7

July

- Open campus
- Continuing home visit practice (through December) (4th year)

8

August

- Field practice experience I (1st year)
- Field practice experience II (2nd year)
- Start of summer vacation

9

September

- Clinical nursing practice II (3rd year)
- End of spring semester



10

October

- Start of fall semester

11

November



12

December

- Community health nursing administration practice (4th year)
- Winter break

1

January

2

February

- Clinical nursing practice I (through March) (2nd year)

3

March

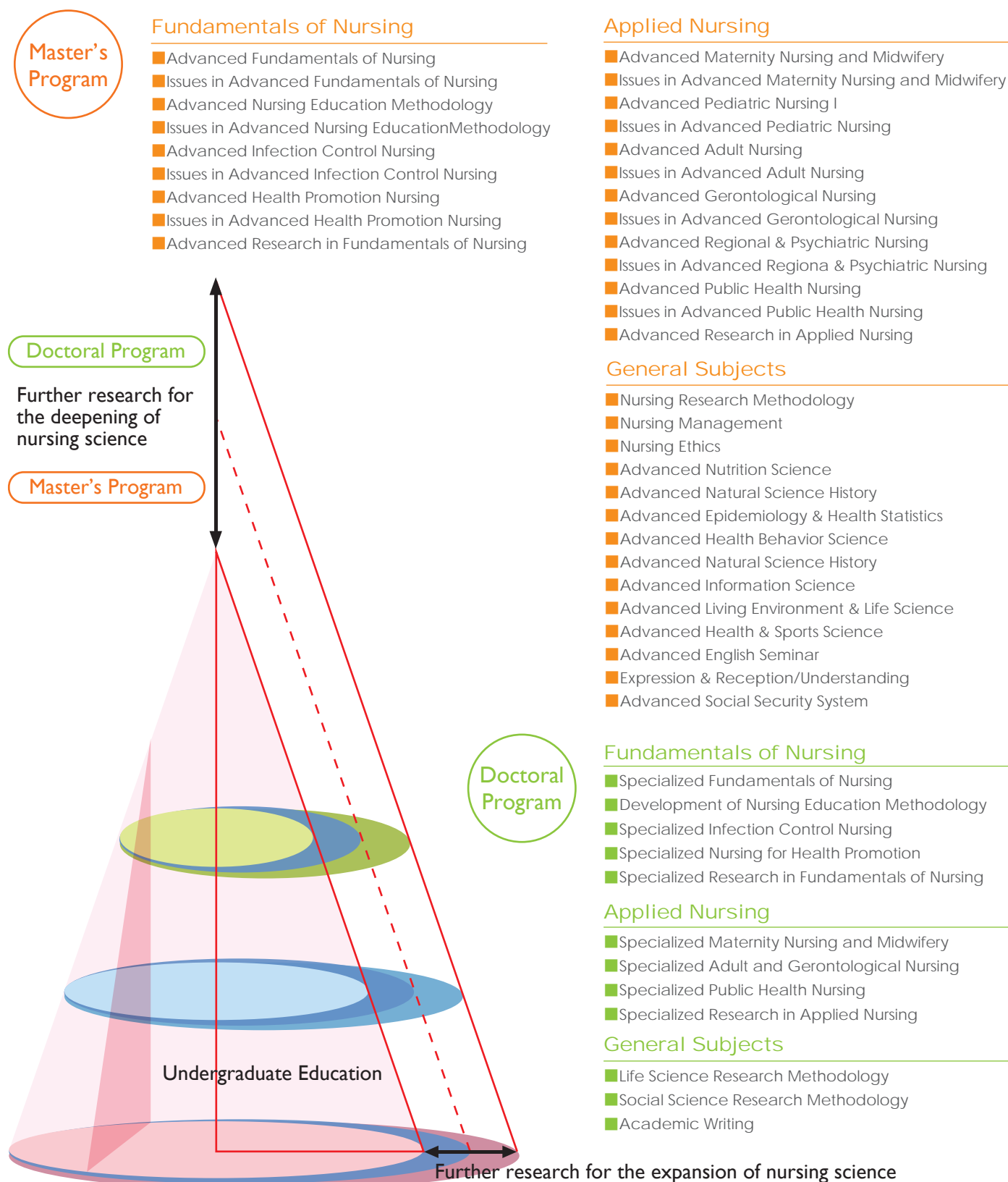
- End of fall semester
- Graduating students send-off
- Graduation ceremony

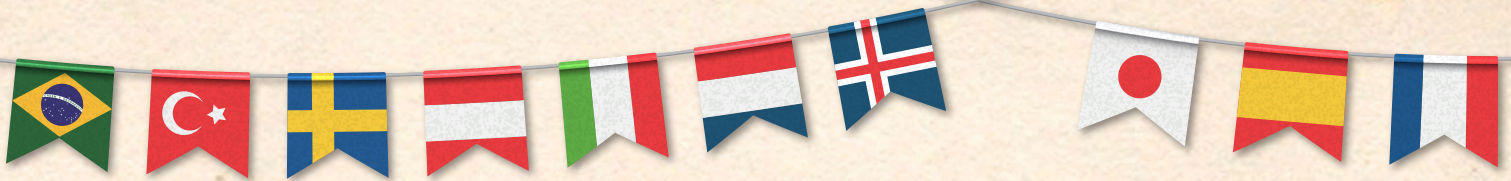
Master's and Doctoral Programs in Nursing

Our postgraduate programs aim to expand students' expertise in both fundamental and applied theories of nursing for improved nursing care. These programs also aim to develop professionals capable of effectively supporting the health of others, expanding the scope of nursing, and contributing to the development of nursing through practice and research.

The postgraduate programs consist of a two-year Master's program and a three-year doctoral program, with research areas and major areas of study as follows:

Research Areas in Master's and Doctoral Programs





International Exchange

For the purpose of academic and educational development, our university has ongoing exchanges with institutions abroad with three aims: 1) broadening the perspective of our faculty and students by exchanging information with our sister universities, 2) disseminating our university's nursing approach, and 3) expanding our network internationally through academic and educational cooperation.

Academic & Educational Exchange Partner Universities

Ewha Womans University College of Nursing
(South Korea)

Xi'an Jiaotong University Department of Nursing
(China)

Chiang Mai University Faculty of Nursing
(Thailand)

Chosun Nursing College
(South Korea)



Student Study Abroad Opportunities

★ Short-term Study Abroad Programs

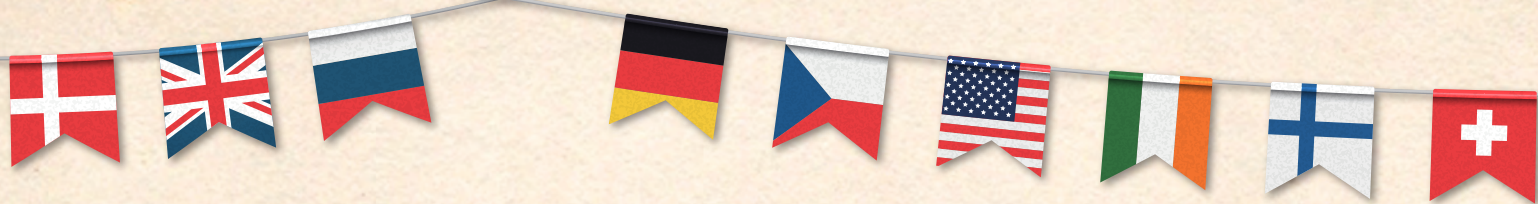
We offer study abroad programs to help broaden students' perspectives. Under the guidance of accompanying instructors, our students can visit Thailand, South Korea, Indonesia, China, and the United States to experience life and nursing in the local community, interact with people of various ages, and learn about different lifestyles and ways of thinking.

★ Short-term Exchange Student Hosting Program

We host Thai exchange students from Chiang Mai University's Faculty of Nursing. While experiencing lectures and nursing practice on campus, the exchange students are hosted by our students at their residences, through which they are able to experience both lifestyle and student exchange. Beginning in 2016, we have also started hosting students from Chosun Nursing College in South Korea.

★ Short-term Study Abroad Scholarship Program

Every year two students are awarded a travel scholarship for a short-term study abroad during one of the long semester breaks. Interested students devise their own travel and research plans according to their own nursing interests and then submit them for application. Upon their return, accepted students then share their experiences in a variety of ways.



Scholarship Program Students



Naho Sakamoto

Considering Family & Child-raising from Life in Finland



Through my university study, I have become interested in child-raising support. I was accepted for the Study Abroad Scholarship Program and spent 20 days in Finland. Through two homestays with separate families, I was able to experience family life and child-raising in Finland. I also visited a neuvola (maternity and childcare clinic) and elementary school, where I was able to learn about Finnish child-raising support and education. It is my hope to connect what I learned from my study abroad with my future study.

Honoka Yuji

Learning at a Play Center



I went to New Zealand for a short-term study abroad to learn about the facilities known as play centers, at which children, parents, and teachers place importance on the creation of a community. I was able to learn about how to interact with people, how children are raised, and how to engage with children and their parents. Every day at the play center was both enjoyable and fulfilling, and my interest abroad deepened as a result of my experience.



Research Activities

Fundamentals of Nursing

1. Developing education for nursing skills acquisition
 2. Self-evaluation in nursing
-

Psychiatric Nursing

1. Multidisciplinary cooperation in the psychiatric ward
 2. Improving nurses' self-management of their own mental health
-

Public Health Nursing

1. Public health nurse in-service training
 2. Prevention of lifestyle related illness in single adult males
-

Home Care Nursing


1. Regionally-oriented nursing development (home nursing personnel training)
 2. Issues in clinical practice instruction related to continuing nursing care
-

Maternity Nursing

1. Support for adolescent health issues (menstruation and sexual problems)
 2. Mother-daughter relationship in the perinatal period
-

Pediatric Nursing

1. Childcare support for working nurses
 2. Child-rearing support through play spaces
-



Through the wide range of research fields represented at our university, we aim to establish a scholarly foundation, an educational methodology, and customized patient care in nursing, as well as contributing research in the local community.

Adult Nursing

1. Research on nursing support for people living with HIV
 2. Nursing support in patient and family decision-making
-

Gerontological Nursing

1. Research on caring in cancer nursing
 2. Cerebrovascular disease nursing
-

Clinical Skills & Infection Control Training

1. Research on computer assisted instruction (CAI)
 2. Research on teaching methods in infection control nursing
-

Basic Professional Education

1. Nursing-related research, including nutrition education and infection control
 2. Research in the community, including sleep quality, suicide prevention, and epidemiology of non-communicable diseases
 3. Applications of physiology to nursing care
-

General Education

1. Improving education in non-nursing content courses for nursing university students
 2. Biological and motion analysis and preventative exercise programs for the elderly
-

Special Course in Midwifery

1. Midwifery diagnosis and training; Premenstrual syndrome
-

Facilities

An ideal learning environment

Our buildings include the Administration Building, Education and Research Building, Florence Nightingale Library, Gymnasium, Student Union, and Takagi Auditorium. The campus also has an athletic ground with 250m track, three tennis courts, and parking lots to accommodate commuting students.

Environment

Our campus, roughly 80,000m² in size and surrounded by nature, has been designed to create an atmosphere in which students and faculty can freely communicate together. Located near the University of Miyazaki, our campus also helps to form an environment of learning.

Education & Research Facilities

To support productive learning, audio-visual equipment has been installed in each lecture and practice room, and a learning system compatible with the high-speed information society of today is hosted on our campus intranet. In addition, through the university's connection with external networks, the most up-to-date information can be searched to foster a global perspective by communicating with universities both domestic and abroad. The library also provides a wide range of books and journals and includes a comprehensive audio-visual corner. Moreover, through the university's intranet, materials can be researched from anywhere on campus.

1 Center Promenade

This spacious courtyard provides a meeting place for students to interact.



2 Florence Nightingale Library

With enough space for 100,000 books, journals, and magazines, the library currently has over 70,000 titles available.



9 Administration

3 Takagi Auditorium



③ Takagi Auditorium



Named after a doctor from Miyazaki known for contributing to the history of nursing education in Japan, this 430-seat auditorium is the setting for university ceremonies, as well as public lectures and events.

④ Student Union Building



The cafeteria is on the first floor, and student club rooms and the student government meeting room are on the second floor.

⑦ Gymnasium



A full 1,600m², within students can enjoy volleyball, badminton, basketball, and other sports, as well as practice dance using the large practice mirror. The facility is also equipped with a fitness room and showers.

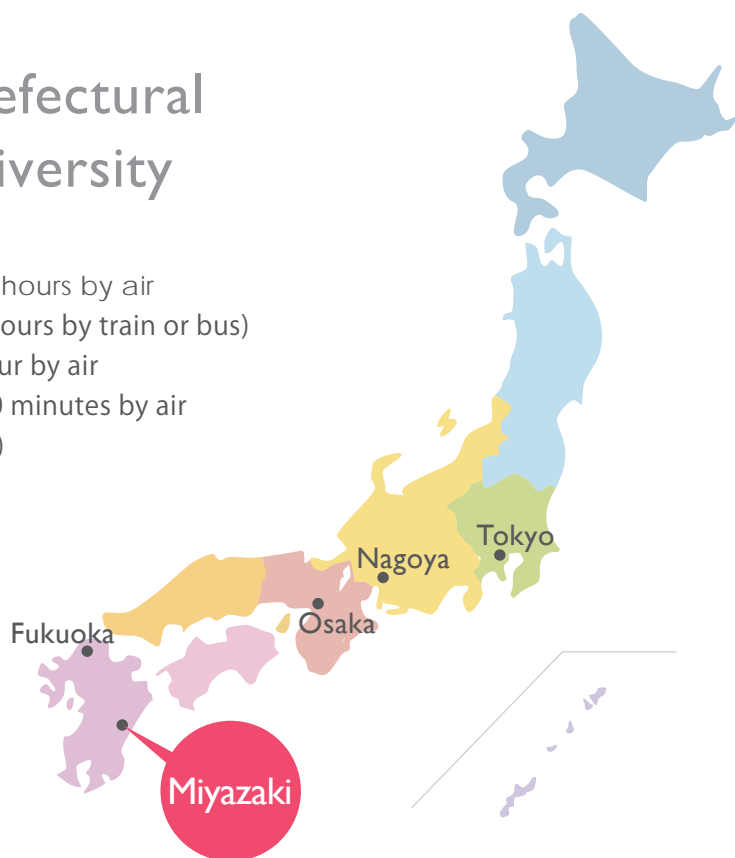
Access To Miyazaki Prefectural Nursing University

Domestic:

Tokyo to Miyazaki: 1.5 hours by air
(Narita to Haneda: 1.5 hours by train or bus)

Osaka to Miyazaki: 1 hour by air

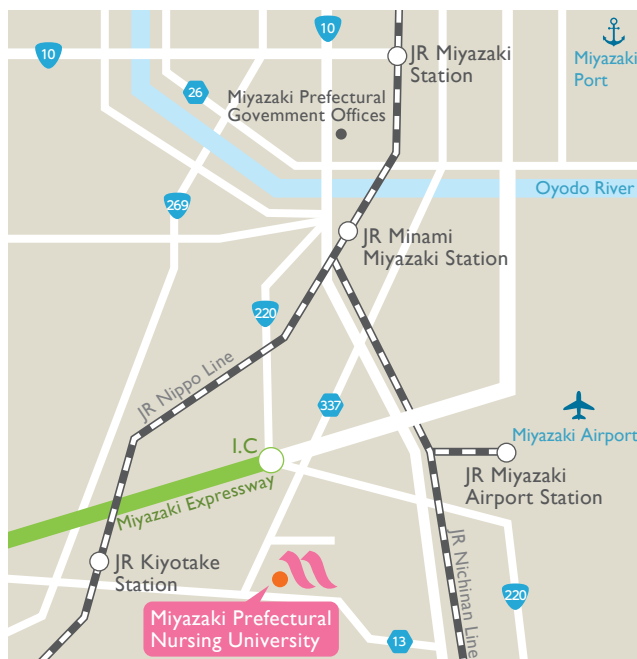
Fukuoka to Miyazaki: 40 minutes by air
(4 hours by bus or train)



Local:

Miyazaki Airport: 10 minutes by taxi

Downtown Miyazaki: 20 minutes by bus or taxi



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